

Online Learning – try it out!

With the government advising us to ‘Stay at Home’, many of us find ourselves in the unique position of having time to study. Whether you are interested in developing skills that will help when you return to your normal working environment or just want to learn something new, there are a wealth of free, online learning sites available; for example, **OpenLearn** from The Open University: <https://www.open.edu/openlearn/>

The Open University delivers hundreds of online courses that are structured into bite-sized learning experiences to fit easily into daily life.



Some of the content includes:

- 900+ short courses (ranging from 1 - 100 hours of study)
- thousands of articles, quizzes and interactive games
- hundreds of videos and audios, ranging from Greek history to modern-day politics, and everything in between
- printed posters and booklets made for OU TV & radio programmes co-produced with the BBC.

To begin your learning, you will need to create an account: register with your email address and choose a secure password.

Click on **Free Courses** to begin exploring the different subject areas.





When you find a course that suits, just click to begin. You will be able to keep a record of your learning in your account. You will also get certificates of participation for many of these courses.

Here are some examples of courses you can undertake for free:

Nature & Environment - Citizen science and global diversity:

<https://www.open.edu/openlearn/science-maths-technology/citizen-science-and-global-biodiversity/content-section-overview>

History & The Arts – Introduction to Music Theory:

<https://www.open.edu/openlearn/history-the-arts/music/introduction-music-theory/content-section-0?active-tab=description-tab>

Languages – Beginners' Spanish: Food & Drink:

<https://www.open.edu/openlearn/languages/spanish/beginners-spanish-food-and-drink/content-section-0?active-tab=description-tab>

Education & Development – Childhood in the Digital Age:

<https://www.open.edu/openlearn/education-development/childhood-the-digital-age/content-section-overview?active-tab=description-tab>

Health, Sports & Psychology – Active Healthy Lifestyles:

<https://www.open.edu/openlearn/health-sports-psychology/sport-fitness/active-healthy-lifestyles/content-section-0?active-tab=description-tab>

Science, Maths & Technology – Succeed with Maths:

<https://www.open.edu/openlearn/science-maths-technology/succeed-maths-part-1/content-section-overview?active-tab=description-tab>

Society, Politics & law – Questioning Crime: Social harms and global issues:

<https://www.open.edu/openlearn/society-politics-law/questioning-crime-social-harms-and-global-issues/content-section-0?active-tab=description-tab>

Money & Business – Entrepreneurship: from ideas to reality

<https://www.open.edu/openlearn/money-business/entrepreneurship-ideas-reality/content-section-overview?active-tab=description-tab>