

## Supermarkets, shopping and home delivery



**In the current situation, supermarkets can change daily. It is best to check websites for the most up to date information on hours and delivery.**

- Opening hours have changed in most supermarkets, to allow time to restock and clean. None are currently open 24 hours.
- Many are reserving times in store for at-risk people and NHS staff to do their shopping.
- Many essentials, for example long-life milk, toilet rolls and soap are limited to 2 or 3 per customer per shop.
- Online delivery slots are difficult to come by – but most are taking on hundreds of extra staff to combat this.
- Some are prioritising delivery slots for those most at risk – those who are over 70, have underlying health conditions or are pregnant.
- There are limits to how much you can get in your online delivery – for instance the Co Op only allow 20 items per order, Sainsbury’s and Tesco 80.
- All stores are encouraging customers to use contactless payment; if using cash, customers are encouraged to use the self-service checkouts, where available.

### Supermarket shopping hours dedicated to elderly and vulnerable customers (and their carers)

***\*These may change – please check online before travelling\****

<b>Sainsbury’s</b> <a href="https://www.sainsburys.co.uk/">https://www.sainsburys.co.uk/</a>	Every Monday, Wednesday and Friday from 8am to 9am. From Monday to Saturday, NHS and social care workers will be given a dedicated shopping slot between 7:30am and 8am.
<b>Tesco</b> <a href="https://www.tesco.com/">https://www.tesco.com/</a>	Every Monday, Wednesday and Friday between 9am and 10am. They have added an additional hour to prioritise NHS workers every Tuesday and Thursday, along with browsing hour before checkouts open on Sundays.
<b>Asda</b> <a href="https://www.asda.com/">https://www.asda.com/</a>	Priority access will be given to NHS workers in larger stores every Monday, Wednesday and Friday from 8am to 9am. There is currently no dedicated time for at risk groups.
<b>Iceland</b> <a href="https://www.iceland.co.uk/">https://www.iceland.co.uk/</a>	Local hours vary by store. The first hour of trading is reserved for the elderly and at risk. The last hour of trading is reserved for NHS staff.

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<b>Lidl</b> <a href="https://www.lidl.co.uk/">https://www.lidl.co.uk/</a>	9-11 am each day – priority shopping for elderly customers. Stores close at 8pm.
<b>CoOp</b> <a href="https://www.coop.co.uk/">https://www.coop.co.uk/</a>	For vulnerable customers, their carers and NHS workers: 8-9am Monday to Saturday. 10-11am on Sunday.
<b>Marks and Spencer</b> <a href="https://www.marksandspencer.com/">https://www.marksandspencer.com/</a>	The first hour of trading on certain days is reserved as follows: Monday and Thursday elderly and vulnerable. Tuesday and Friday NHS and emergency workers.
<b>Spar NI</b> <a href="https://www.spar-ni.co.uk">https://www.spar-ni.co.uk</a>	Many Spar, Eurospar and Vivo extra are offering home delivery for at risk customers – a full list is available on the website.

Some supermarkets also offer boxes containing essentials for a set price (£30-£35) which are particularly aimed at getting groceries to NHS workers or people who are self-isolating.

**On social media:**



**Who is delivering? Northern Ireland**

<https://www.facebook.com/groups/WholsDeliveringNI/@whoisdeliveringni>

This group is open to join, and is on Facebook and Instagram. They collect and share information on which local shops from butchers to bakeries, are offering delivery services in your local areas. Any member can contribute information and there is a search feature to lessen the chance of duplication.

Also, maybe now’s the time to reinstate your milkman! Many dairies around NI are now doing deliveries of fresh milk – there are some useful links below, or search online for your local area.

<https://www.ballyliskofarmagh.com/shop/26/whole-milk> Serving Portadown, Tandragee and Armagh

<https://www.draynesfarm.co.uk/our-farm/> Based in Lisburn. Contact to see if they deliver to your area

<https://mockfordmilk.co.uk/> Based in Killinchy. They do doorstep delivery of dairy products and non-dairy alternatives such as almond milk; also juices, eggs and potatoes.

<https://dalefarm.co.uk/> Dale Farm delivers throughout NI via a network of local delivery agents. Contact details are on the website.

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