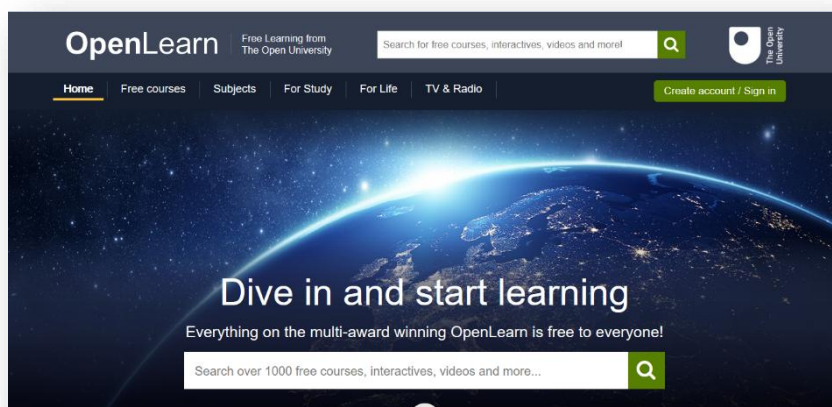


Online Learning – try it out!

Why not give online learning a go? Be smart about how you use your time and who knows, you could do anything from launching an entirely new career, to increasing your skill set, to finding an alternative way to pass the hours other than playing Candy Crush... There are lots of learning sites available. Here, we take a quick look at **Openlearn from The Open University** <https://www.open.edu/openlearn/>

The Open University delivers hundreds of online courses that are structured into bite-sized learning experiences to fit easily into daily life.



Some of the content includes:

- 900+ short courses (ranging from 1 - 100 hours of study)
- thousands of articles, quizzes and interactive games
- hundreds of videos and audios, ranging from Greek history to modern-day politics, and everything in between
- printed posters and booklets made for OU TV & radio programmes co-produced with the BBC.

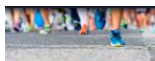


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Click on **Free Courses**, and explore the different subject areas.

When you find a course that suits, just click to begin!

You can also create an account, if you want to keep a record of your learning

	Health, Sports & Psychology
	Education & Development
	History & The Arts
	Languages
	Money & Business
	Nature & Environment

Here are some of the courses you can take for free:

Nature & Environment - Citizen science and global diversity:

<https://www.open.edu/openlearn/science-maths-technology/citizen-science-and-global-biodiversity/content-section-overview>

History & The Arts – Introduction to Music Theory:

[An introduction to music theory | OpenLearn - Open University](#)

Languages – Beginners' Spanish: Food & Drink:

<https://www.open.edu/openlearn/languages/spanish/beginners-spanish-food-and-drink/content-section-0?active-tab=description-tab>

Education & Development – Childhood in the Digital Age:

<https://www.open.edu/openlearn/education-development/childhood-the-digital-age/content-section-overview?active-tab=description-tab>

Health, Sports & Psychology – Active Healthy Lifestyles:

[The science of nutrition and healthy eating | OpenLearn - Open University](#)

Science, Maths & Technology – Succeed with Maths:

<https://www.open.edu/openlearn/science-maths-technology/succeed-maths-part-1/content-section-overview?active-tab=description-tab>

Society, Politics & law – Questioning Crime: Social harms and global issues:

<https://www.open.edu/openlearn/society-politics-law/questioning-crime-social-harms-and-global-issues/content-section-0?active-tab=description-tab>

Money & Business – Entrepreneurship: from ideas to reality

<https://www.open.edu/openlearn/money-business/entrepreneurship-ideas-reality/content-section-overview?active-tab=description-tab>